

How to improve your vibration of Love

Look at the people in your life. Do you want better ones?

Relationships?

Jobs?

Health?

Friends?

Family?

What is the personality that you repeatedly draw?

Why do you keep repeating the same relationship you don't want? Lets take a look at what you think love is:

Do this activity to determine your personal subconscious vibration of love.

Think of 3 people you have loved. Even if they didn't love you, but you truly loved them. List on the left column all the good qualities each of the 3 had.

On the right column list all the ugly not so great qualities about each of them.

Then circle the top 5 Ugly qualities that are a repeating theme. Find the opposite of those 5 qualities and list them in the bottom column.

Subconscious Vibration of Love ♥

Good	Ugly
1	1
2	2
3	3
NEW LOVE VIBRATIONS List the Opposite of Top 5 Ugly Qualities Here:	

These new opposites are your new healthier vibration of love. It should be non-negotiable. This is what your new vibration feels like. Speak them, live them and be them. You will draw healthier people in your life.